

# ORDERING INFORMATION



Whether it's a day to train, practice, recover, or before a game, we can help you fuel your student athlete right! Please let us know about any allergies so we may account for them.

The meal ideas included in this guide provide a variety of options for menu planning to cater to the tastes of our diverse community. For team meals please order in quantities of 15 or more.



## LAST MINUTE ORDERS

We request 72 hours notice for all catering orders. However, we understand that last minute needs may arise, and we will make every effort to accommodate them. For last minute orders, we offer a limited selection of food & beverages.

Additional fee may be added for evening and weekend events. Please inquire when booking.

## To order:

Phone: 586-797-1180

UCS Food & Nutrition Services

11303 Greendale

Sterling Heights, MI 48312

Email: [foodservice@uticak12.org](mailto:foodservice@uticak12.org)

Mandy Sosnowski-Director of Food & Nutrition Services



## 2025-2026





## SNACKS

*All items are wrapped to ensure food safety*

### Benefit Bars

Oatmeal chocolate chip, cocoa chip, or celebration  
Packed with fiber and protein  
\$40 case of 48 bars

### Yogurt Cups

Strawberry or vanilla  
\$20 for 48 yogurt cups

### String Cheese

\$11 for 20 pieces

### Hummus Cups & Whole Grain Crackers

\$12 for 12 sets

### Yogurt Smoothie

Strawberry banana or peach  
\$75 for 48 cartons



### Wowbutter & Jelly

Made with sun butter  
\$1.75 each

### Yogurt Parfait

Low fat vanilla yogurt with an assortment of fruit and granola  
\$2.25 per person

### Beverages

Chocolate or white milk  
\$18 for 50 half pints  
Body Armor Zero: fruit punch, orange, or cherry lime  
\$60 for 24 bottles  
16oz bottles of water  
\$12 for 24 bottles

### Protein Bars

*Please inquire about price because these to change regularly*

## TEAM DINNERS

*Meal served buffet style with whole fruit, milk, & water  
Plates, silverware, and service ware included*

### Pasta

Whole grain penne pasta served with meatballs or grilled chicken, choice of alfredo or marinara sauce, broccoli, & breadstick  
\$6.50 per person

### Asian Delight

Grilled chicken strips served with brown rice, stir fry blend vegetables, choice of sweet thai chili or orange hunan sauce, and fortune cookie  
\$6.50 per person

### Fiesta

Seasoned turkey taco meat served with vegetarian beans, whole grain tortillas or brown rice, pico de gallo, shredded lettuce, jalapenos, black olives, shredded cheddar  
\$6.50 per person

### Mediterranean Bowl

Make your own bowl or wrap featuring grilled seasoned chicken, brown rice, pita, garbanzo beans, lettuce, tomato, cucumbers, hummus & garlic sauce.  
\$6.50 per person

## TO GO MEALS

*All items are wrapped to ensure food safety  
For large groups, cooler bags are available for transport  
Please ask when ordering meals*

### Bag Lunches

Your choice of sandwich, whole fruit, milk, or water

- Chicken Caesar Wrap
- Turkey Club Boom Boom Wrap
- Hummus Veggie Wrap
- Italian Sub
- Turkey & Cheese Sub
- WowButter & Jelly Sandwich

\$5.50 per person

### Pre-Made Salads

Your choice of salad, whole grain crackers, whole fruit, assorted dressings, milk or water

- Chef Salad
- Grilled Chicken Ranch Salad
- Beef Taco Salad
- Hearty Garden Salad

\$5.50 per person

### Allergies?

*If you have students with allergies, please let us know when ordering so we can accommodate*